

PALLADIUM SCHOOL



Class- UKG

Session-2024-2025



Name: _____



HEALTHY LIVING

Good health may seem natural at a young age, but maintaining physical and emotional wellbeing often requires us to develop healthy lifestyle. Having a healthy lifestyle, eating well and being physically active helps children to build strong bones, Grow and develop healthily, improve their concentration and make them active and alert.

Jump, Run, Hop and have fun. Practice Aerobics, exercises and Dancing. Simple yoga exercises can help them to improve their immunity.

HEALTHY EATING HABITS

Healthy eating habits are more likely to stay with you if learn them as a child. That's why it's important to teach children healthy eating habits so that they can stick with these habits for life long.

Dear Parents,

Finally, the much awaited Summer Holidays are here. It is a good opportunity to spend quality time with your children. Let's make these holidays fruitful by involving the tiny tots in some fun filled activities.

Learning Time:

Learn to wish Good Morning, Good Afternoon and Good night.



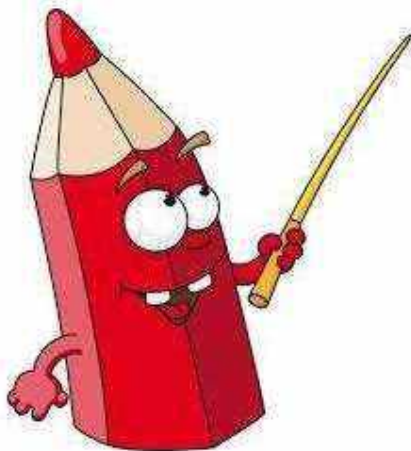
* Learn 5 sentences on Myself.



* Learn Mother's and Father's Mobile number.



Play Outdoor Games: Ensure that children should not spend too much time on electronic gadgets as they harm the eyes and make us lethargic. So encourage your child to go for cycling, hide and seek & running etc. as these will make them active & social.



***Converse in English:** To develop the conversation skills of children in English ensure to converse small sentences in English only. Read out story books with big illustrations and after finishing the story discuss it with your child. ***Emphasize more on phonic sounds and encourage Word Building words and Picture Talk.**

Teachers are trying to encourage the children to use simple words, phrases and sentences like:

- May I come in Ma'am?
- May I drink water?
- May I go to the toilet?
- I am feeling thirsty.
- I am feeling hungry.
- Please give me a pencil.
- Please give me an eraser etc.

Use of Magic words like Excuse me, Sorry, Thank you, Please, May I.



***Children can be encouraged to use simple words and sentences at home also:**

- Mom, I am hungry please give me something to eat.
- Please give me a glass of water.
- Please open the door.
- Please trim my nails.
- Can I watch T.V.?
- I am feeling sleepy.
- Please change my dress.
- Please give me a toy.

***Walk Together:**



Plan a trip or one-day trip.



Paste the photograph of your family on a

Scrap book



Paste the photographs of the places you visited on a

Scrap book



Paste the photographs of the different things you saw there.

***Help your child to make it beautiful.**



Let your child watch 'Stuart Little' Home Alone movie, The Jungle Book, Nemo in this vacation.



, Baby's Day Out,



***Buy any Moral Story Book for children (English) and ensure to narrate one story daily to your child.**



Good habits and good manners are lifelong assets and manners must be practiced until they become habit.

EVS

ART ATTACK

Make a very good use of waste plastic bottle by planting a sapling on it. You have to sapling of **MONEY PLANT** and **TULSI** only.

It will enhance your house beauty.



Note: Do given work in notebook also.

English

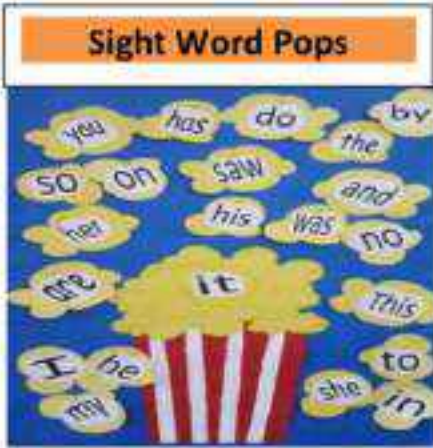
TABLE MAT

Theme:- Sight Words Pops

Learning Objective:- To make the children read Sight Words.

Materials Required:-

- A4 size pastel sheet
- Cut out of Popcorn tub
- Cut outs of Pops



Instructions

- Cut a popcorn tub from a colourful sheet and paste it on the A4 size pastel sheet of any bright colour.
- Cut the pops of yellow coloured sheet, write the sight words or take a print out of the same and paste it as shown in the given picture.
- Sight words to be mentioned on pops are-**he, she, his, her, this, that, my, me, you, i, was, were, has, have, had, they** etc.
- Train your child to use **blunt scissors** and encourage them to do the cutting work on their own. This will develop their fine motor skills and will improve their eye hand coordination.
- Decorate the sheet with a colourful border.
- Paste a passport size photograph of the child on the cut out of popcorn tub. Write name, class, section and get the table mat laminated.

Note: Do given work in notebook also.

Maths worksheet – 1

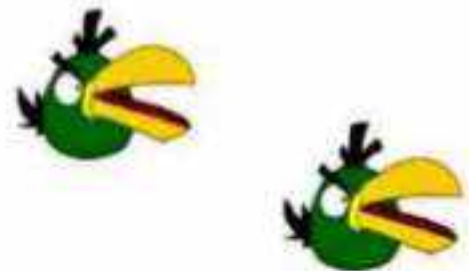
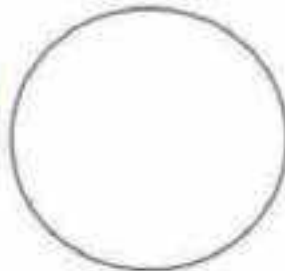
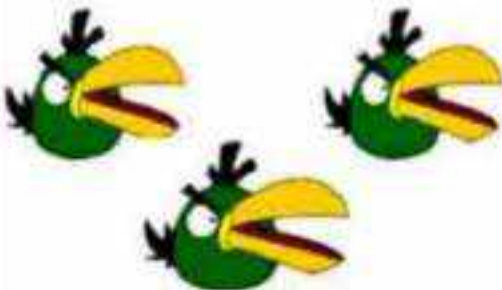
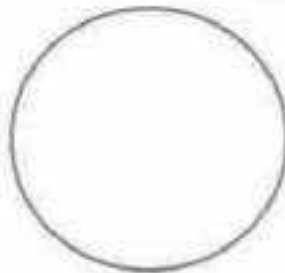
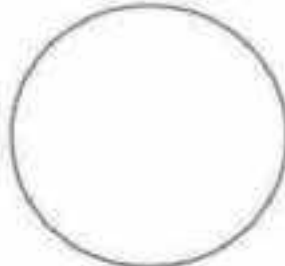
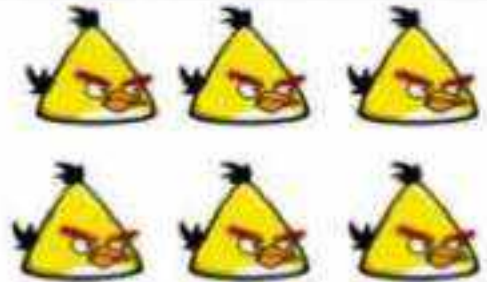
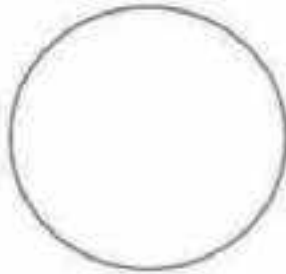
WEATHER

Complete the dot to dot to reveal the different types of weather. Color once completed.



Maths worksheet – 2

Count the pictures and write the correct sign ($>$, $<$, $=$) in each circle:-



Note: Do given work in notebook also.

Hindi worksheet – 1

चित्र देखकर सही अक्षर चुनो।



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मटर



अदरक

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Note: Do given work in notebook also.

Hindi worksheet – 2



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Note: Do given work in notebook also.

enjoy
SUMMER
HOLIDAYS

